

## Task Analysis Recording Sheet

### Toothbrushing

**Client Name:**

**Trainer Name:**

**Note:** Please prepare toothbrush, toothpaste, mirror, a small cup filled with water and a small empty cup. Make sure these are within arm's reach of the teaching area.

	Date							
Initials								
1. Pick up toothpaste								
2. Open toothpaste								
3. Put toothpaste on the toothbrush (pea-size)								
4. Put down toothpaste (and cap)								
5. Dip toothbrush with toothpaste on it in the cup of water								
6. Show teeth (smile)								
7. Bring toothbrush to mouth								
8. Brush one side of teeth, top and bottom for 10 seconds								
9. Brush other side of teeth, top and bottom for 10 seconds								
10. Brush the front of teeth, top and bottom for 10 seconds								
11. Spit into sink or cup								
12. Brush biting surfaces of top teeth for 10 seconds								
13. Brush biting surfaces of bottom teeth for 10 seconds								
14. Spit into sink or cup								
15. Stick out tongue								
16. Brush tongue for 10 seconds								
17. Spit into sink or cup								
18. Put down toothbrush								
19. Pick up water cup								
20. Bring water cup to mouth								
21. Pour water into mouth								
22. Rinse mouth								
23. Spit into sink or cup								
24. Put away toothbrush, toothpaste, and cup								

**NOTES**


**Types of Prompts**

**I = Independent** (completely independent, no help needed whatsoever. Specify whether it is independent when transferred to different environment)

**V = Vague Verbal** (no direct reference to what has been done. Example: did you forget something?)

**SV = Specific Verbal** (specific reference to what has been done. Example: “now pick up the toothpaste”)

**G = Gestural** (using a gesture to give the client a good idea of what needs to be done. This often is accompanied by a specific verbal prompt)

**M = Model** (trainer completes the step/task first to demonstrate. Example: show the client how to push a button)

**P = Physical** (trainer does the step/task with the client using a physical prompt (e.g., gentle nudge, hand-under hand, hand-over-hand)

**N = Not Applicable**