

Task Analysis Recording Sheet

Putting on Socks

Client Name:

Trainer Name:

Note: Please ensure the client is sitting comfortably and their socks are within arm’s reach. If the client prefers to stand, this is ok too as long as the socks are within arm’s reach of the teaching area.

Date																								
	Initials																							
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L
1. Pick up sock with both hands																								
2. Place thumbs inside opening of sock, keeping the rest of the fingers on the outside																								
3. Pull out to widen sock opening																								
4. Bring sock to foot																								
5. Point toes of foot																								
5. Slide foot into sock																								
6. Pull the sock all the way up																								

NOTES

Types of Prompts

I = Independent (completely independent, no help needed whatsoever. Specify whether it is independent when transferred to different environments)

V = Vague Verbal (no direct reference to what has been done. Example: did you forget something?)

SV = Specific Verbal (specific reference to what has been done. Example: “now pick up the toothpaste”)

G = Gestural (using a gesture to give the client a good idea of what needs to be done. This often is accompanied by a specific verbal prompt)

M = Model (trainer completes the step/task first to demonstrate. Example: show the client how to push a button)

P = Physical (trainer does the step/task with the client using a physical prompt (e.g., gentle nudge, hand-under hand, hand-over-hand)

N = Not Applicable