

Task Analysis Recording Sheet

Cutting Food with Fork and Knife

Client Name:

Trainer Name:

Note: Please ensure that target food is on the side of the plate closest to the client and all materials (knife, fork, etc.) are within arm's reach

Date																			
Initials																			
1. Pick up fork in non-dominant hand																			
2. Pick up knife in dominant hand																			
3. Spear piece of food with fork																			
4. Place blade of knife against fork with sharp side touching the piece of food																			
5. Saw back and forth until piece of food is cut																			

NOTES

Types of Prompts

I = Independent (completely independent, no help needed whatsoever. Specify whether it is independent when transferred to different environments)

V = Vague Verbal (no direct reference to what has been done. Example: did you forget something?)

SV = Specific Verbal (specific reference to what has been done. Example: “now pick up the toothpaste”)

G = Gestural (using a gesture to give the client a good idea of what needs to be done. This often is accompanied by a specific verbal prompt)

M = Model (trainer completes the step/task first to demonstrate. Example: show the client how to push a button)

P = Physical (trainer does the step/task with the client using a physical prompt (e.g., gentle nudge, hand-under hand, hand-over-hand)

N = Not Applicable