

## Task Analysis Recording Sheet

### Blowing Nose

**Client Name:**

**Trainer Name:**

**Note:** Please ensure that the tissues and garbage can are within arm's reach of the teaching area

Date																		
Initials																		
1. Pick up tissue																		
2. Cover nose with tissue																		
3. Breathe in through mouth																		
4. Close mouth																		
5. (Keep mouth closed) Force air out through nose																		
6. Wipe nose with tissue																		
7. Move tissue away from nose																		
8. Put tissue in garbage																		

NOTES


**Types of Prompts**

**I = Independent** (completely independent, no help needed whatsoever. Specify whether it is independent when transferred to different environments)

**V = Vague Verbal** (no direct reference to what has been done. Example: did you forget something?)

**SV = Specific Verbal** (specific reference to what has been done. Example: “now pick up the toothpaste”)

**G = Gestural** (using a gesture to give the client a good idea of what needs to be done. This often is accompanied by a specific verbal prompt)

**M = Model** (trainer completes the step/task first to demonstrate. Example: show the client how to push a button)

**P = Physical** (trainer does the step/task with the client using a physical prompt (e.g., gentle nudge, hand-under hand, hand-over-hand))

**N = Not Applicable**