Write your title here

Write a general statement (e.g., sometimes we need to go on the plane).

Describe WHERE the child is and WHAT they can see/hear in the story (e.g., When I am sitting on the plane, I can see the propellor out of the window)

Describe WHAT causes the target behavior to occur (e.g., the propellor makes a loud noise when the plane takes off and sometimes my stomach feels funny)

Describe how these events make your child feel from their perspective (e.g.,"These sounds make my ears hurt and make me feel scared)

Describe what the child should do (e.g., when it gets loud, I can put my hands on my ears.)

Describe what your child can do when they feel these feelings (e.,g, When I feel scared, I can squeeze my toy)

Finish the story with a positive message (e.g., Even though it's loud, the plane takes us to visit family in other places.)

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