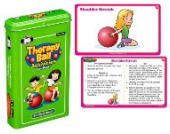
SENSORY MATERIALS

Following the: Sensory Awareness General Workshop
https://www.disabilityprogramsspecializedservices.org/trainings/introduction-to-sensory-awareness/

Disclaimer 1: *The Cree Board of Health and Social Services of James Bay is not affiliated with any of the websites or vendors included in this list and receives no compensation (monetary or otherwise) from purchases made using the links below. The links in this list were verified at the time of writing and are subject to change. This list focuses on Canadian retailers and is not exhaustive or exclusive.*

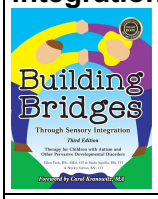
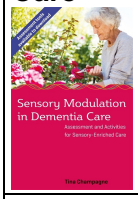
Disclaimer 2: *Always follow the manufacturer's instructions when using any sensory-safe materials. Serious injury or death may result from misuse. Never use any equipment as a restraint and never force the use of the equipment on anyone.*

MASSAGE & VIBRATION (TOUCH SENSE)	
Item	**Vendor**
Vibrating Massage Tube	**Special Needs Toys** Various colors and textures available https://specialneedstoys.com
Full Body Massage Mat & Waterproof Cover	**Special Needs Toys** https://specialneedstoys.com
Good Vibes Massager	**Special Needs Toys** https://specialneedstoys.com
Senseez Vibrating Cushion	**FDMT** Blue Square (other shapes and colors available) https://www.fdmt.ca **Special Needs Toys** (other shapes and colors available) https://specialneedstoys.com
Jeanie Rub Massager	*A professional must have shown you how to use this item.* *The Jeanie Rub massager must never be used on the head, face, or stomach.* **FDMT** https://www.fdmt.ca
Therapy Brush	*A professional who is familiar with the Wilbarger protocol should have shown you the correct amount of pressure to put on the brush.* **FDMT** https://www.fdmt.ca

MOVEMENT (VESTIBULAR SENSE)	
Item	**Vendor**
Sensory Cushions 	**FDMT** https://www.fdmt.ca **Special Needs Toys** https://specialneedstoys.com
Scooter Board 	**Special Needs Toys** https://specialneedstoys.com
Scooter Board Activity Fun Deck 	**Super Duper Inc.** https://www.superduperinc.com
Therapy Ball 	**FDMT** https://www.fdmt.ca **Indigenous Inclusive** https://indigenousinclusive.com
Therapy Ball Activities 	**Super Duper Inc.** https://www.superduperinc.com

WEIGHTED & RESISTIVE MATERIALS (PROPRIOCEPTIVE SENSE)	
Item	**Vendor**
Fidget Desk Band 	**Indigenous Inclusive** https://indigenousinclusive.com
Bouncy Band for Desk 	**FDMT** https://www.fdmt.ca
Sensory Sock (Ghost) 	**FDMT** (Various sizes available) https://www.fdmt.ca **Indigenous Inclusive** (Various sizes available) https://indigenousinclusive.com
Deep Pressure Vest 	**FDMT** https://www.fdmt.ca **Special Needs Toys** https://specialneedstoys.com
Weighted Bear (Blue) 	*Weighted items should never exceed 10% of body weight.* **Indigenous Inclusive** https://indigenousinclusive.com
Manimo Weighted Animals 	*Weighted items should never exceed 10% of body weight.* **FDMT** Various types and weights available https://www.fdmt.ca
Weighted Glove 	**FDMT** https://www.fdmt.ca

NOISE REDUCTION (AUDITORY SENSE)	
Item	**Vendor**
Ear Protector 	**Indigenous Inclusive** https://indigenousinclusive.com
Protective Earmuffs 	**FDMT** https://www.fdmt.ca
Loop Earplugs 	**Loop** Various levels of noise reduction available https://us.loopearplugs.com/?country=CA

OTHER SENSORY TOOLS & RESOURCES	
Item	**Vendor**
Building Bridges Through Sensory Integration (3rd Edition) 	**ISBN:** 9781935567455 **Chapters-Indigo** https://indigo.ca
Sensory Modulation in Dementia Care 	**ISBN:** 9781785927331 **Chapters-Indigo** https://indigo.ca
Guide pour l'aménagement d'un espace sensoriel en milieu d'hébergement 	**Institut Universitaire de Gériatrie de Montréal** https://iugm.ca/fr/partage-de-connaissances/outils-et-guides

Sensory Tent 	**FDMT** https://www.fdmt.ca
Sensory Diet Bundle 	**Super Duper** https://www.superduperinc.com