

Sensory-Friendly Shopping

Creating sensory-safe places could have beneficial effects for our whole society. Often, when we shop we don't even realize how the lights, the fridges, and the people put an extra stress on our sensory systems. In particular our visual and hearing systems may be stressed by the harsh lights and constant noise.

Check out what this Ottawa grocery store did for its customers! Even those without autism felt the experience was better.

https://www.google.ca/amp/s/beta.ctvnews.ca/local/ottawa/2019/2/11/1_4292517.html