

Introduction to Disabilities (Episode 2)

“People are disabled by society, not just by their bodies. These barriers can be overcome, if governments, nongovernmental organizations, professionals and people with disability and their families work together.” (World Health Organization, 2018)

In this episode of the DPSS Podcast, Sophie-Anne Scherrer, Occupational Therapist, and Dana Lawlor, Speech-Language Pathologist, talk about disabilities.

Did you know that **December 3rd** is the International Day of Persons with Disabilities? But what do we mean when we say disability? And how can the environment around someone with a disability make it harder or easier for them to go through their day? This episode may help to give you some answers to these questions and maybe a different way of seeing disabilities.

References

Goering, S. (2015). Rethinking disability: the social model of disability and chronic disease. *Current reviews in musculoskeletal medicine*, 8(2), 134-138.

Oliver, M. (2017). Defining impairment and disability. *Disability and equality law*, 3.

World Health Organization (2020). International Day of Persons with Disabilities.
<https://www.who.int/news-room/events/detail/2020/12/03/default-calendar/international-day-of-persons-with-disabilities>

World Health Organization (2020). Disability and health.
<https://www.who.int/news-room/fact-sheets/detail/disability-and-health>

World Health Organization (2018). 10 facts on disability.

<https://www.who.int/news-room/facts-in-pictures/detail/disabilities>

World Health Organization (2002). Towards a common language for Functioning, Disability and Health - ICF. <https://web.archive.org/web/20181018004751/http://www.who.int/classifications/icf/en/>

Resources

<https://www.disabilityprogramsspecializedservices.org/>

<http://www.empowernl.ca/about-disability/disability-awareness/>

<http://www.templegrandin.com/>